



# Bowel cancer early detection is the best line of defence

**Bowel cancer kills more than 70 Australians every week. However if detected early, 90% of cases can be cured.**

## About screening for bowel cancer

If you are 50 or over, Cancer Council recommends screening for bowel cancer every two years using a simple, at-home test called a faecal occult blood test (FOBT). Regular screening is important because bowel cancer can develop without any noticeable symptoms. The FOBT looks for tiny amounts of blood in the bowel motion that may not be visible to the eye but could be a sign of bowel cancer.

FOBTs are not suitable for everyone. If you have signs or symptoms such as blood after a bowel motion, a persistent change in bowel habits, unexplained tiredness, abdominal pain or the feeling of the bowel not emptying completely; or if you are concerned about a strong family history of bowel cancer, **see your doctor**.

## About the FOBT kit you can buy from Cancer Council SA

FOBT kits from Cancer Council SA cost **\$25** or **\$15** for pensioners or health care card holders. The cost of your kit includes all pathology costs and a set of simple instructions.

The FOBT kits, called InSure and made by Enterix Australia, will be sent to you within a fortnight of receiving your order.

The InSure FOBT is done at home then posted directly to the Enterix laboratory for analysis. There is no faecal handling and no medical or dietary restrictions with this test.

Your results will be sent to you by mail and a copy will go to your nominated doctor.

For further queries about your test, contact Enterix on 1800 55 65 75 or watch Cancer Council SA's short 'how to' video called 'John in the John' at [www.cancersa.org.au](http://www.cancersa.org.au)

## FOBT order form

I would like to order \_\_\_\_\_ FOBT kits at  \$25 each or  \$15 each for pensioners and health care card holders

Pension / Health care card number \_\_\_\_\_ Expiry date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Making my total purchase \$\_\_\_\_\_

I would like to pay for this by: credit card / cheque / money order / invoice (please circle)

Visa / Mastercard Card number \_\_\_\_\_

Cardholders name \_\_\_\_\_ Card expiry \_\_\_\_/\_\_\_\_

Name \_\_\_\_\_ Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_

State \_\_\_\_\_ Postcode \_\_\_\_\_ Daytime phone number \_\_\_\_\_

How did you hear about Cancer Council SA selling FOBT kits? \_\_\_\_\_

( MTA member. Please enter the promotional code here \_\_\_\_\_)

Once completed post or fax this form to: **Cancer Council SA, PO Box 929 Unley BC SA 5061, fax (08) 8291 4268**

**If you would like to, please answer the questions below, to help Cancer Council SA better understand bowel screening participation amongst the community and to help plan it's services.**

1. Who are you ordering kits for?  
yourself                      male/female      age \_\_\_\_\_  
partner                        male/female      age \_\_\_\_\_  
other \_\_\_\_\_              male/female      age \_\_\_\_\_
2. Are you of Aboriginal or Torres Strait Islander descent?    yes/no
3. What is your country of origin? \_\_\_\_\_