

# Cancer: DID YOU KNOW?



**Seeking help as early as possible is vital to treating cancer. The treatment for many cancers is improving constantly.**

One in two Australian men and women will be diagnosed with cancer by the age of 85. The incidence of cancer rises as people get older, but age alone does not cause cancer.

It is not spread by hugging, shaking hands, sharing toilets, using the same dishes or kissing someone who has cancer.

If you are diagnosed with cancer, talk to your

doctor about starting treatment as soon as possible.

If you notice any changes in your body or have persistent symptoms, see your doctor immediately.

# Talk to health professionals.

Every conversation you have with your doctor about cancer helps eliminate the fear and shame that is often associated with cancer.

There is nothing to be ashamed of if you have cancer. Make sure shame and fear do not stop you from seeking help.

If you are concerned that you have a family history of cancer, speak to your doctor.

69%

of people diagnosed with cancer in Australia are still alive five years after a cancer diagnosis.



Cantonese



Mandarin



Arabic



Vietnamese